



Sacramento Youth Leadership Program Leadership Camp – July 22-25, 2011

Please check one response for each of the following statements:

- 1) Overall, camp was fun.
Not Much___ Somewhat Fun___ Fun_10___ It Rocked_23___
- 2) Overall, camp helped me develop my leadership skills.
No___ Somewhat___ Definitely_13___ Very Much_19___
- 3) I better understand who I am and I grew as a person as a result of camp.
No___ Somewhat_2___ Definitely_7___ Very Much_24___
- 4) Because of camp I better understand why and how teams are important.
No___ Somewhat_2___ Definitely_4___ Very Much_27___
- 5) Because of camp I better understand how I can impact my community
No___ Somewhat_2___ Definitely_7___ Very Much_24___
- 6) List one thing you learned about yourself.
 - That something is blocking my ability to love/have feelings
 - My 5 strengths (3)
 - I learned how to use my strengths to the fullest to be able to be a leader. I learned not to be afraid and step out of my comfort zone.
 - That it's always better to work as a team
 - I learned that I was very quiet but the strengths I had made me come out of my comfort zone.
 - That I'm a Woo...
 - I'm very trustworthy now
 - I'm a good team member



- I learned how to communicate my feelings
- I am a leader
- Opening up is key in living a happy life
- I wanna be a leader
- Positivity
- I am already a leader
- Who I am
- That I can conquer anything
- That I can make my team win
- I can overcome my fears
- I am a valuable person in my community
- I can do anything
- It's not too late to help
- Never give up
- Team work
- I just feel more at peace
- I am more than I thought I was
- Sometimes I gotta step up and step back as a leader
- I relate to people and I strategize
- That you get to trust others
- I'm significant
- I have the power!
- I can trust myself and others

7) List one thing you learned about leadership.

- I learned that you need to communicate more and trust people.
- Sep up – step back
- Leadership comes in many forms
- Different people have different leadership personalities
- I learned how important networking is
- Sometimes the biggest leader let's the crew take over or becomes it
- Never be scared to fail b/c all you do is grow from it
- That they inspire people
- Talking and listening are very important
- I learned that it is all about inspiring others to take action



- Stepping up and stepping down
- What it is
- Take control
- Not always the person at the front
- Participation/encourage
- It takes one to make a change
- Trust, team work
- We are strong willed and in control
- Don't always have to make a change
- Leadership is earned not given
- A leader is the one who takes action and seeks for change
- Use my strengths to lead
- You have to communicate with people
- Now hard it is to just listen
- I set the stage and the youth direct the play
- That it is about what you ring to the table, not if you're in charge
- I learned that it is good to support others
- Leaders lead by good example
- It is better working as a team
- There's different types
- Leadership is about pursuing your goals and supporting your community
- You don't always have to be in front

8) What I would change about camp to make it better is...

- Nothing (9)
- Nothing, perfect! (3)
- Food (10)
- Rafting
- Less hikes and less yelling
- Invite more people, make it longer
- More activities
- Less long har talks
- Free time should be longer
- No "if you really knew me," that was unsettling. Less evaluations
- More time on important activity and officials referee the bball game



- Maybe make it 7 days instead of 4
- Just to have us introduce the leaders when we first arrive
- Better cooperation
- I would emphasize different leadership styles (i.e. bear, eagle) and encourage youth to notice these characteristic in others
- Making sure everyone is on time
- I believe nothing really needs to be changed and this has been my first time her and it was excellent
- Times to be at your own cabins!

9) I think the best activities we did at camp were...

(Circle the top 3-5 that were useful to you in building leadership skills)

- Bus ride activities – 1
- Opening icebreakers (right after we got off the bus) – 6
- Team building/low ropes – 11
- StrengthsFinder (Telling your story and Balconies & Basements) – 15
- Campfire (day 1), “star stories” – 8
- Yoga/meditation (before breakfast) – 4
- YAT Team competition/relay race – 3
- Mini-workshops (active listening, motivation, networking) – 3
- High ropes course – 20
- “If you really knew me, you would know...” – 16
- Booty volleyball
- Capture the flag
- Power walk – 6
- Rock activity – 4
- “Power and Community” – 7
- “Leadership” (Chaez, Crystal, Sammie) – 2
- Talent Show – 19
- Small Group/Youth Action Team reflection and planning times – 1
- Indoctrination ceremony and closing – 1
- Other__Free time (2), Sleep, DJ dance party





Other comments:

I loved it – amazing!

Loved it! (2)

I loved it – want to come again!

It is really fun!

I really enjoyed camp this year; I can't wait to come back next year

Keep the DJ!

3 second in the pain "turnover" ha ha

Thank you! (2)

Well done!

I did not know what to expect. Now I know. This camp is life-changing! Now I don't want to go home!

Camp staff are awesome

If you really knew me was amazing!

Great. Coming back

Please circle all that apply to you:

White	Black	Latino	Asian/Pacific Islander	Other_____
7	5	13	3	3